



香港棍網球總會

HONG KONG LACROSSE ASSOCIATION

Unit 2201, 22/F, 88 Hing Fat Street, Causeway Bay, Hong Kong.
Tel: 852-2114 3401 Fax: 852-3747 8599 Email: info@hklax.org Website: www.hklax.org

2020 Summer Premier League Format and Rules

Overview

Games: Every Sunday evening at 17:30/19:00
Championship Game: 23th August 2020

The Premier League (PL) offers experienced players the opportunity to compete at the highest level. Following an open showcase, coaches will draft four teams featuring the top players in Hong Kong.

Games will be played every Sunday night at HKU Stanley Ho Sports Ground from July 5th through August 23th. The season will culminate with a championship weekend.

Registration and Draft Process

Any player who would like to play in the PL MUST register online for selection. All players that register for selection will be considered during the player draft. After players are selected, they must register for the 2020 Summer Premier League on the HKLA website and pay the registration fee.

HKLA Coaches will draft teams of maximum 23 players. There will be no supplemental draft for the summer Premier League and players will NOT be permitted to play for multiple teams or change teams during the season.

League Format

If there are three teams in the PL, the three PL teams will play 4 regular season games. There will be one semi-final game (3rd vs 4th) and one final championship game. Players must play at least 2 regular season games to be eligible for playoff games.

If there are four teams in the PL, the four PL teams will play 6 regular season games. There will be two semi-final game (1st vs 4th, 2nd vs 3rd) and one final championship game. Players must play at least 3 regular season games to be eligible for playoff games.

2020 League Features

- Weekly games at HKU Stanley Ho Sports Ground on Sunday nights
- 90 Second shot-clock
- Comprehensive offensive and defensive statistics
- Players must play in 50% of games to be eligible for playoff games
- Maximum 23-Man rosters with no “additional player pool” or weekly drafting
- 3-4 Teams each with designated coaches (no player coaches)



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2020 League Rules

Men's games: FIL 2019-2020 Rules of Men's Field Lacrosse
(Except for rule changes stated below)

Duration:

Regular season games will be 4 quarters of 12 minutes running time, stop last 2 minutes of 4th quarter. Halftime will be a 4-minute intermission and quarter breaks for men will be 2 minutes.

Playoff games will be 4 quarters of 15 minutes running time, stop last 2 minutes of 4th quarter. Halftime will be a 4-minute intermission and quarter breaks for men will be 2 minutes.

Timeouts:

Teams are allowed One Timeout (60 seconds) per half.

Overtime (OT):

No OT will occur for Round Robin Games. For playoff games, the OT format will be a 4-minute OT period after a 1-minute break. If it is still a draw, then a 4-minute Sudden Death OT will take place, repeating until a goal.

Weather Cancellation Arrangement:

A game shall be cancelled and rescheduled when any of the following weather hazard warnings is hoisted within 3 hours before the match. Final decision will be discussed with the captains.

- Red/Black rainstorm warning
- Typhoon signal no. 3 or above