

HONG KONG LACROSSE ASSOCIATION



香港棍網球總會
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Official's Uniform and Equipment Handbook

Updated May 14, 2020

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Introduction

As an official, one of the most important aspects of preparing for a game is packing your bag. Use this handbook to ensure you know which items you will need before your first game as well as where to get them!

If you have any questions, please contact your mentor or Official in Chief for assistance.

Contacts

Head Referee

Dennis Cheng
Email: dcheng@hklax.org

Head Umpire

Joyce Tai
Email: jtai@hklax.org

HKLA Officiating Committee

Email: Officials@hklax.org

World Lacrosse

Web: worldlacrosse.sport/officiating

HKLA League Managers

Evan Mok-Lamme
Email: emok@hklax.org
Bruce Tsang
Email: btsang@hklax.org

HKLA Finance Department

Lawrence Lai
Email: llai@hklax.org
Susanne Hung
Email: shung@hklax.org

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Umpire checklist

Required Items

	QTY	
Black and white striped HKLA official shirt	1	<input type="checkbox"/>
Appropriate length black skirt	1	<input type="checkbox"/>
Black socks (no visible logo)	1	<input type="checkbox"/>
Black A5 bag (carrying the items listed below)	1	<input type="checkbox"/>
World Lacrosse women's rule book	1	<input type="checkbox"/>
World Lacrosse women's officiating manual	1	<input type="checkbox"/>
Fox 40 black finger whistle	1	<input type="checkbox"/>
Yellow and red warning cards	1	<input type="checkbox"/>
Yellow advantage flags	2	<input type="checkbox"/>
Metric measuring tape	1	<input type="checkbox"/>
Coin	1	<input type="checkbox"/>
Pen/pencil for recording score	2	<input type="checkbox"/>



Other useful items:

- Water bottle
- Energy bars
- Sun screen
- Umbrella
- Mosquito repellent
- Post-it notes
- Large plastic bag (useful in poor weather conditions)
- Black visor or cap

Mentor signature

Finally, please get your official mentor to sign, acknowledging that you have acquired all of the required items.

Name of mentor:

Signature:

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Referee checklist

Required Item

	QTY	
Black and white striped HKLA official shirt	1	
Black hat with white pinstriping	1	
Black shorts with black belt	1	
Black shoes	1	
Black socks	1	
Fox 40 black finger whistle	1	
Weighted yellow flags	2	
Scorecard	1	
Pencils	1	
Coin	1	
Pen/pencil for recording score	1	
Tape measure	1	

Other useful items:

- Water bottle
- Energy bars
- Sun screen
- Umbrella
- Mosquito repellent
- Post-it notes
- Large plastic bag (useful in poor weather conditions)

Mentor signature

Finally, please get your official mentor to sign, acknowledging that you have acquired all of the required items.

Name of mentor:

Signature:

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Purchasing items

HKLA officials starter pack

Officials in Hong Kong can receive a discounted rate with Crosse Alley when purchasing the HKLA Official "Starter Pack" at Crossealley.com!

Referees

Apparel: www.zebrawear.com or Sham Shui Po

Fox 40 finger whistle: www.crossealley.com

Yellow flags: www.zebrawear.com

Measuring tape (with inches/feet): Living plaza by aeon \$12 or other stationary shops

Umpires

Black skirt: www.decathlon.com.hk -> Tennis section

Fox 40 finger whistle: www.crossealley.com

Yellow and red warning cards: www.decathlon.com.hk -> Soccer section

Measuring tape (with inches/feet): Living Plaza by Aeon \$12 or other stationary shops

