**2020 Premier League Format and Rules**

**Overview**

Showcase: 23rd May and 30th May

Games: Every Sunday, at KGV

Championship Game: TBC

The Premier League (PL) offers experienced players the opportunity to compete at the highest level. Following an open showcase, coaches will draft 4 teams featuring the top players in Hong Kong.

Games will be played every Sunday 18:00-20:30 at KGV from 6th Jane through 1st August. The season will culminate with playoffs and a championship weekend. There will 4 teams in the 2020 PL.

**Registration and Draft Process**

HKLA will host 2 open showcases for all players interested in joining the PL. Any player who would like to play in the PL MUST register online for selection. While players are encouraged to attend both showcases, all players that register for selection will be considered during the player draft. There will have a Draft day on May 31st. After teams are selected, they must register for the 2020 PL on the HKLA website and pay the team registration fee.

Coaches will draft 6’s teams of 12-15 players. In the case of the sudden ineligibility of a substantial group of one team’s players (injury, departure from HK, poor attendance), HKLA will organize a supplemental draft after week four of the regular season. Players will NOT be permitted to play for multiple teams or change teams during the season.

**League Format**

The 4 PL teams will play total 2 round robin regular season games. There will be 2 semi-final game (1st vs 4th) (2nd vs 3rd) and 1 final championship game and 1 game for third. Players must play at least half regular season games to be eligible for playoff games. Total we have 16 games.

**2020 League Features**

* Weekly games
* New rules (2019-2020 World Lacrosse Rules)
* Comprehensive offensive and defensive statistics
* Players must play in 50% of games to be eligible for playoff games
* 4 Teams each with designated coaches

**2020 League Rules**

FIL 2018-2019 Rules of Women’s Field Lacrosse

(Except for rule changes stated below)

Duration:

Regular season games will be 4 quarters of 10 minutes running time. Halftime will be a 5-minute intermission and quarter breaks will be 2 minutes. There will be 45 second shot clocks.

Playoff games will be 4 quarters of 15 minutes running time, stop last 2 minutes of 4th quarter. Halftime will be a 4-minute intermission and quarter breaks for men will be 2 minutes.

Timeouts:

Teams are allowed One Timeout (60 seconds) per game.

Overtime (OT):

No OT will occur for Round Robin Games. For playoff games, the OT format will be a 4-minute OT period after a 1-minute break. If it is still a draw, directly go into a 4-minute Sudden Death OT will take place, repeating until a goal.

Weather Cancellation Arrangement:

A game shall be cancelled and rescheduled when any of the following weather hazard warnings is hoisted within 3 hours before the match. Final decision will be discussed with the captains.

- Red/Black rainstorm warning

- Thunderstorm warning

- Typhoon signal no. 3 or above

**Timeline**

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| **23 May** | **Gather days Open to public** |
| **30 May** | **Gather days Open to public** |
| **31May** | **Draft day** |
| **5 June** | **Practice day** |
| **6 June** | **First league Game.** |
| **Every Sunday after June until league finished** | **League Game** |