



香港棍網球總會有限公司

HONG KONG LACROSSE ASSOCIATION LIMITED

Unit 2201, 22/F, 88 Hing Fat Street, Causeway Bay, Hong Kong
Tel: 852-2114 3405 Fax: 852-3747 8599 Email: info@hklax.org Website: www.hklax.org

Hong Kong Lacrosse Men's Elite Program 2020/21 Men's Representative Team(MRT) & High Performance Programme (HPP) Tryout Information

Updated on 5th October 2020

Tryout Announcement

Tryouts for the Hong Kong Men's Elite Program will be held in October. It will be a joint tryout with all players who want to try out for MRT, HPP and U20 program. In the tryout, players will participate in practices and intra-squad scrimmages. The Top 30 athletes will be selected into MRT. The next 30-35 athletes will be selected into HPP. These two groups of athletes will participate in regular training, gym sessions and local and international competitions over the coming year.

Tryout Schedule (Updated on 5th October 2020)

Content	Date	Time	Location
Gym Testing	20th October (Tuesday)	After 1830	HKLA Gym (North Point Industrial Building 16B)
Field Testing	22rd October (Thursday)	20:00 - 21:30	Quarry Bay Pitch 2 (Hoi Chak Street)
Field Session	24th October (Saturday)	18:30 - 20:00	Po Tsui Park Football Field
Field Session	25th October (Sunday)	09:30 - 13:00	Sun Yat Sen Memorial Park Football Pitch
Field Session	26th October (Monday)	10:00 - 13:00 15:00 - 17:00	HKU Stanley Ho Sports Centre Complex
Tryout Dinner	26th October (Monday)	19:30-21:30	TBD

Arrangement for Gym and Field Testing will be communicated after the deadline of the application(13th October 2020) via email. For all Field sessions, please arrive 30 minutes before the scheduled start time for warm-up and field set up.

Location of the tryout dinner will be communicated as soon as possible via email.

Tryout Cost

- Tryout registration fee \$250 HKD (Non-refundable)
- Fee's for those selected will be communicated separately

Tryout Registrations due by 13th October 2020 (updated on 5th October)



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Selection Panel

Coaching Staff

Chad Fairfoull - Men's Head Coach

Ken Tehany - Assistant Coach/Defensive Coordinator

Edward Bertelsen - Assistant Coach/ Defensive Coordinator

Yianni Kyriacou - S&C Coach

Honorary Committee Member

Jordan West-Pratt

Lee Tsz Kin

Leung Yau Chi Franklin

Yan Shing Fung Jovi

Yip Wai Fung Andy

Selection Process

A selection panel is formed and they will work alongside with the coaching staff in the selection process. The tryout will consist of evaluating the players in 6 categories: Passing/Catching, Looseballs, Shooting, 1v1 skills, Game Sense, Effort. The selection panel and coaching staff will evaluate players according to the 6 categories and they will work together closely in selecting the final squad. Head coach will personally call each player to advise them of their selection and to which program they will be continuing.

Squad Numbers:

The coaching staff and selection panel will select a group of 30-35 players to continue in the MRT program. The remaining players will be invited to continue in the HPP program contingent on their chances to play lacrosse in other programs and their desire to continue in the HPP program.

The coaching staff will not release a player in that group unless we are sure their development path is fully compared over time against the other players in that group.

Contact

Chad Fairfoull

HKLA Head Coach – Men

(852) 63569245

chad@hklax.org

Kelvin Mak

HKLA coach - men's development

(852) 63317307

kmak@hklax.org