



# 香港棍網球總會有限公司

HONG KONG LACROSSE ASSOCIATION LIMITED

Unit 2201, 22/F, 88 Hing Fat Street, Causeway Bay, Hong Kong  
Tel: 852-2114 3405 Fax: 852-3747 8599 Email: info@hklax.org Website: www.hklax.org

## Development Academy

### Hong Kong Lacrosse Development Academy (Female) 2018/2019

#### Academy Summary

The Hong Kong Lacrosse Development Academy is directed towards developing lacrosse players in Hong Kong. The Academy aims to provide players with the opportunity to enhance their skills and abilities and to prepare them for the next level of lacrosse development and achievements.

#### Academy Requirements:

- All players must be HKLA members
- Age between 12-15 (U15 Team) or 16-24 years old (U25 Team)
- Have less than 2 years of lacrosse experience

#### Academy Details:

- Minimum of 1 session per week
- Program runs from October 2018 – April 2019
- Players may be selected to represent HKLA at local or overseas competition.
- Players will be required to participate in a rules workshop and are expected to volunteer in “community involvement” activities organized by HKLA, e.g. volunteering at lacrosse events or helping at league games.

#### Program Schedule:

- Start Date: 6-Oct 2018
- Every Saturday: Club de Recreio 9:00-11:00

#### Costs:

- Program fee \$800 will be required to cover basic training costs (fee will be collected 2 weeks after the start of the program.)
- To register for this program, players need to be an HKLA member. To register as an HKLA member, please visit [www.hklax.org](http://www.hklax.org)
- Financial arrangements for tournaments will be communicated prior to the selection of the squad.



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## Equipment:

- Players should prepare their own equipment (stick, protective gear, etc.). Applicants, especially beginners, who don't possess any equipment, or, have difficulties purchasing them, should contact us for advice and support.

## Registrations due: 30 Sep, 2018

Sign up to be completed online at [www.hklax.org](http://www.hklax.org)

## Contact

Gemini Fan

Email: [gemfan@hklax.org](mailto:gemfan@hklax.org)